

Here, piggy, piggy!
Here, piggy piggy!
Members of the 192d
FG's 203d Red Horse
unit at Virginia Beach,
and their families
enjoy the sights and
sounds (OINK!) of the
unit's annual Family
Day and picnic during
the June UTA. Photo
by Technical Sgt. Paul
Stimpson



ILLEGAL PARKERS TO LOSE PRIVILEGES

Security police members are asking for the cooperation of all unit members to curb two dangerous situations concerning illegal parking. The first is parking off the paved surface. This results in a rapid deterioration of the seeded areas and detracts from the hard work that CE puts into trying to keep our installation looking sharp.

Much more important, however, is the increase in the potential for gravel being brought back onto

the roadway and subsequently working its way onto the flightline. The end result can quite possibly be damage to some of our jet engines which cost more than \$6 million each.

Of greater consequence is the situation in which the foreign object damage causes an in-flight aircraft mishap. Parking off the paved surface ultimately can endanger the aircraft and aircrew just as much.

See PARKING on p. 2

CHILDREN'S MIRACLE NETWORK/TELETHON AND CARNIVAL Status Report and "Thank You" from SMSgt Bob Walton

Every year I try to thank everyone that becomes involved with the Children's Hospital Events. If I've missed anyone, I apologize.

But, every year that I ask for support, help or raffle sales, it makes me, as I hope it does you, feel good deep down that we've had a part in helping a child in need. Especially when most of us are fortunate enough not to have the problems these kids face.

This year, we had an added feature. At "O Dark Thirty" (0430, Sunday morning, a group of Guard personnel arrived at the Hospital to man the Phone Panel for contributions to the Telethon. With half closed eyes they made it through the hour (0500-0600) with smiles on their faces and as always, good humor.

Making jokes with the Channel 12 TV crew

PARKING - from p. I

Another situation which is endangering members of the group is the number of vehicles being parked on curves or near intersections, creating a serious potential for pedestrian injuries. Security police will begin issuing tickets to vehicles parked illegally beginning July 1, 1992.

Anyone receiving a ticket for illegal parking will have the violation reported to his or her Squadron Commander. Unit members receiving a second ticket will lose their base parking privileges

for six months, and decals will be removed requiring them to re-register their vehicles. It only takes a little time and effort to park in a designated parking area and help reduce the possibility of causing injury to another member of the unit. and MC's. There was even talk of calling a few friends for contributions. This idea was dropped for fear of losing those friends! Our panel consisted of a "Command Performance" with the help of NCO's.

My thanks to: Col Bill Rose, Col Bill Jones, Loyall & Robin, Les Hockman, Jim Regan, Art Howle, Karen Mealy, Dave Hampton, Kathy Massie, W.G. Cashion, Charlie Martin, Lawson Osborne, Larry Monger and Dave Harlow. Steve Alford was there to represent the Rescue Squad membership.

Later that morning, some of the first shift and second shift began to prepare, what's becoming famous; the setting up the booth, and cooking the sausage, green peppers and onions. By 1100 hrs the crew was ready to serve those delicious sandwiches and drinks to the crowds.

The hired help consisted of Chief Cook, Lawson Osborne, Assistant, Stuart Saunders and assisting them, Dennis Richards, Frank Helander, Bob & Mary Roza, Charlie Martin, Les and Betty Hockman, Norman Jones, Mike Mahoney and David Mack. A little after 5 PM the sausage was sold out and the drinks and free F-16 over Richmond pictures were the only things left until 6 PM closing time. "Glad I got my sandwich early"!

With all the hard work, as usual, there was always room for a good time. The tally was taken, tickets sold: 2,655 @ \$.25 ea for a total of \$663.75; total funds donated \$404.05. What a great job!

Thanks to everyone, FOR HELPING MAKE A MIRACLE.

COMMANDER'S CALL

Colonel John R. Shurley III, Deputy Commander for Support

HOW TO TELL A WINNER FROM A LOSER

A winner says, "Let's find out". A loser says, "Nobody knows".

When a winner makes a mistake, he says, "I was wrong." When a loser makes a mistake, he says, "It wasn't my fault."

A winner goes through a problem. A loser tries to go around it and never gets past it.

A winner makes commitments. A loser makes promises.

A winner says, I'm good, but not as good as I ought to be." A loser says, "I'm not as bad as a lot of people are."

A winner tries to learn from those who are superior to him. A loser tries to tear down those who are superior to him.

A winner says, "There ought to be a better way to do it." A loser says, That's the way it's always been done."

A winner works harder than a loser and has more time. A loser is always "too busy" to do what is necessary.



A winner listens. A loser just waits until it's his turn to talk.

A winner explains. A loser explains away.

A winner feels responsible for more than his job. A loser says "I just work here."

A winner paces himself. A loser has only two speeds: hysterical and lethargic.

A winner is always part of the answer. A loser is always a part of the problem.

A fact of life is probably that we are all "winners" and "losers", but those who are really "winners" are those who are "winners" more than they are "losers", because they work hard at being a "winner". An organization full of "winners" will build team spirit and a cooperative organization working toward continuous improvement of service. I think the Virginia Air National Guard is such an organization.

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To Your Good Health

By Lt. Col Joan Brumfield 192d FG Health & Wellness Officer

The death rate from malignant melanomaskin cancer is soaring across America. But the number of cases could be cut dramatically with simple precautions: When the sun is shining, don't leave home without wearing protective clothing, including a hat. Use sunscreen lotions to prevent serious sunburns.

More important, perform simple monthly skin self-examinations. The best time for a skin self-examination is after a shower or bath, according to the National Cancer



Institute. In a well-lighted room, use a full-length mirror and a hand-held mirror. It's best to begin by learning where birthmarks, moles and blemishes are and what they usually look like. Note anything new: a change in size, texture or color of a mole, or a sore that doesn't heal. Sudden changing in a mole--changes in color, bleeding, growing in size--could mean it's dangerous.

Check all areas of the skin, the back, scalp, between the buttocks and the genital area, cancer researchers advised. Researchers said by checking your skin each month, you will become familiar with what is normal. If you find anything unusual, see your doctor right away. Remember, the earlier skin cancer is found, the better the chance for cure.

Flu Season Is Approaching

Flu shots will be offered during September, October, and November UTAs. The time and location will be posted soon. Remember flu shots are mandatory and you will be asked to bring your shot record!!

May 1992 Accessions

RANK	NAME	UNIT
SRA	Bunch, Steven E.	192 CAMS
SGT	Crennel, Sheila A.	192 SPF
AB	Gibson, Scott W.	192 CAMS
AIC	Jihad, Aretha L.	192 CLI
SRA	Joe, Wanda A.	192 CAMS
SRA	Saxon, Christopher B.	192 CAMS
AB	Thomas, Christopher A.	192 CAMS

Mobility Exercise

The September UTA will be dedicated to the annual mobility exercise. The new F-16 equipment package -- including munitions -- and personnel packages will be tasked to process. Unit members will be required to bring a piece of baggage with their "minimum clothing issue" in accordance with MOP-7.

Mobility work center personnel will have to check in with their sections, and then report to their work centers for assignments. Unit members should begin checking their Personnel Readiness Folders immediately to ensure that all required information is complete and current.

NEW GAS MASK OFFERS IMPROVED VISIBILITY

By Captain Robert Namiot OIC, Disaster Preparedness

Most members of the 192d Fighter Group are familiar with the chemical warfare Ground Crew Ensemble (GCE), and how it feels to spend several hours in it. It can be quite uncomfortable if the temperature and humidity are high.

Change is at our doorstep. The unit has begun phasing out the old M17 mask and adopting the new MCU-2A/P mask. The old mask could cause claustrophobia for some people because of the small eye openings, and changing the filters was difficult. The new full-face type mask offers great visibility and improved comfort.

Filter changes on the new mask are quite simple since the filter is a canister-type that screws into a fitting on either the left or the right side of the mask.

Another new item that has made an appearance is the Multi-man Intermittent Cooling System (MICS). This unit is connected to a portable cooling unit, allowing up to eight people to "cool down" while staying in the GCE. The individual wears a vest under the GCE that connects to the cooling unit; another hose connects to the mask (MCU-2A/P) to allow the person to breathe cool, pre-filtered air.

The MICS is already on base and the MCU-2A/P masks have been arriving in small shipments, but soon every member will have a new mask. Moreover, selected members (depending on job requirements and location) will have access to MICS if the unit becomes involved in a hot, contaminated combat environment.



Left to right, making an increasingly modern gas-mask fashion statement are Staff Sgt. Greg Sprouse (MIOAI), Technical Sgt. Russel Hatcher (M9AI), Staff Sgt. Wesley Brown (MI7), and Captain Robert Namiot (MCU-2A/P). Photo by Technical Sgt. Ken Hill.



Members of the 192d TFG pull the "early shift" at Channel 12 studios during the recent Children's Miracle Network Telethon and Carnival (story on page 2).

The White House Fellowship Program

Did you know all U.S. citizens (except federally employed civilians) are eligible to apply for the White House Fellowship Program? There are no restrictions for age, sex, race, grade, or physical requirements. This program seeks to draw exceptionally promising people from throughout the nation providing them first hand experience in the process of governing our nation.

Annually, 14 to 20 individuals are selected to work full time for one year as special assistants to senior executives in cabinet-level agencies or in the executive offices of the president or vice president. Military personnel are encouraged to apply. Applications can be obtained by writing to the President's Commission on White House Fellows, 712 Jackson Place NW, Washington, D.C. 20503, and must be submitted to the commission by December 15 each year.

MAY 1992 PROMOTIONS

NAME PROMOTED	UNIT	
Bowman, Anthony S.	192 RMS	SRA
Bulman, Gregory S.	203 RHCEF	AIC
Cansler, LaMonica L.	203 RHCEF	AIC
Dantonio, Dixie L.	192 RMS	TSGT
Fontenot, Mark C.	192 CAMS	SSGT
Ford, Marc C.	203 RHCEF	AIC
Gay, Chester III	203 RHCEF	AIC
Griffin, Camilla D.	192 CAMS	SSGT
Haliday, Earl Jr	203 RHCEF	AIC
Hancock, Steven W.	192 MSS	SRA
Jackson, Repunzel L.	192 CAMS	SSGT
Peterson, Paul D.	192 SPF	MSGT
Staples, Barry W.	192 SVSC	SSGT
Thompson, David D.	192 CES	MSGT
Thorpe, Stuart B.	192 RMS	TSGT
Tucker, Cassie S.	192 RMS	SSGT
Urquhart, Tricia A.	203 RHCEF	SRA
Williamson, Richard M.	192 CAMS	SSGT
Yates, Joseph L.	192 CAMS	SSGT

MAY 1992 RETIREMENTS

TSGT	Adams, Ronald R.	192 CES
TSGT	Nolte, Jerry W.	192 CES
MSGT	Oliver, Wesley M.	192 RMS

CBPO ANNOUNCES 35-10 CHANGES

Effective immediately: Wear of the "TAC" patch on the uniform is no longer authorized. The new "ACC" (Air Combat Command) patch will be displayed on all functional uniforms, hospital whites, food service whites, aircrew flight suits, and missile crew, transient alert, security police, and honor guard uniforms. The new command patch will NOT be worn on the battle dress uniform (BDU). All other patches and accounterments (rank, name, USAF tape) may remain on the BDU at this time. Air Force

has approved wear of the aircrew-style patch to replace all BDU accounterments, and ACC will publish specific details about this as soon as possible. Proper wear of BDUs includes blousing the pants.

On October I, 1992, the new golf-style black (with red lettering) hats were authorized for wear with the BDU. The old blue/white baseball cap will be phased out as of September 30, 1992. No other baseball-type hats are authorized.

VIRGINIA AIR NATIONAL GUARD Headquarters, 192d Fighter Group Richmond International Airport, Sandston, Virginia 23150-6109

Special Order M-10

11 Jun 92

1. UP Sec 502, Title 32, USC Sec 206, Title 37, USC, ANGR 50-01 and 192TFGR 50-01. All members of the 192d Fighter Group are hereby ordered to attend all unit training assemblies shown on this training schedule unless attending a split UTA (SUTA), or rescheduled UTA (RUTA) at Richmond IAP, Sandston, VA 23150.

UTAS:

11 Jul 92 Flying & OJT in sections

DEPLOYMENTS:

12 Jul 92 Hying & OJT in sections

CES-Camp Pendleton, VA, 18 Jul-1 Aug 92; DEF-Dover AFB, DE, 11-25 Jul 92; CES-Camp Pendleton, VA, 15-29 Aug 92.

SCHEDULED UTAS:

8 & 9 Aug 92

19 & 20 Sep 92

7 & 8 Nov 92

3 & 4 Oct 92

5 & 6 Dec 92

- 2. AM assemblies will be 0800-1200 (Sat) 0700-1100 (Sun) and PM assemblies will be 1300-1700 (Sat) 1200-1600 (Sun), with the following exceptions: Assembly for one flight of Food Services Personnel: AM 0630-1030 (Sat) 0530-0930 (Sun), PM 1100-1530 (Sat) 1000-1430 (Sun). Additional duty hours to cover special work requirements such as pre-flight, post-flight, etc. will be scheduled by each unit as required. Each UTA will be no less than four hours duration excluding lunch periods.
 - 3. Uniform will be lightweight blues or BDUs, as directed.
- 4. Commanders may utilize RUTAs to achieve training objectives using maximum availability of equipment and full-time personnel resources that cannot be achieved during UTAs and SUTAs. A RUTA must be requested, approved and documented in advance of the missed period.
- 5. Equivalent Training (EQT) may be authorized by commanders for personal attendance problems if requested in advance. EQT with pay must be performed within 30 days of the missed UTA and within the same fiscal year. EQT without pay (retirement points only) may be authorized when the individual is unable to make an EQT in pay status.

FOR THE COMMANDER

PATTI L. SMITH, MSgt, VaANG

Chief, Customer Support

DIST 'A' Plus I Ea: TAC/ADUBO; Chief, TAC/CRFG; 9th AF/CRFG, CV & IC; NGB/XOS & TE; 1913th ISG/CC (AFCC); I TFW/DO; I TFW/LGSPC; I13th TFW/SC; ICGS/DPMD; HDQ/TCD/RF, Langley AFB, VA 23665-

VANGUARD

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MENU - JULY UTA

Sat.:

Baked Fish

BBQ Beef Cubes

Buttered Noodles Rice Pilaf

Mixed Vegetables

Sun.:

Baked Ham w/Raisins

Roast Beef w/Gravy Candied Yams Mashed Potatoes Buttered Green Beans

Both Days: salad bar, assorted dressings, assorted bread with butter, dessert, koolaid and coffee.

Church Services: Catholic Mass, Sat. 9:30 a.m.; General Protestant, Sun. 8:00 a.m.

Hours for D Street Gate: Sat. 0715-0800 and 1645-1715; Sun. 0615-0700 and 1545-1615, drill weekends.

Retirees' Association: The VaANG Retirees' Association meets every second Thursday of each month (except December), at 7 p.m. in Club 149. Contact SMSgt. Bob Walton at Ext. 6541 for more information.

NEW HATS, F-16 patches (and many other items) have arrived! To purchase hats or patches or other memorabilia, see TSgt. Cooper in Room 5 of operations building.

KI Alkido: The Richmond Aikido Club offers classes in Ki development and Ki Aikido. Six weeks courses \$25.00. For information contact TSgt. Cheatham at 6388 or 275-1936.

For Sale: 3BR, 2 Bath, Brick Rancher, located off Rte. 60 and I-295. Contact Captain Woody at 6592 or 236-6592.

FOUND: The Logistics Plans Office is holding a small gym bag which was left on the hangar floor in Savannah on Saturday, April 11. To claim the bag, call the LGX office at one of the following extensions: 6405, 6490, 6491.

BULK RATE U.S. POSTAGE RICHMOND, VA RICHMOND, VA PERMIT NO. 999

1924 Fighter Group Virginia Air Mational Guard 5680 Beulah Road Sandston, VA 23150-6109